

Breakfast... Served 'til 11:30 AM

Scrambled Sandwiches & Wraps

- The Longboard** 5.75
Fried egg with bacon, lettuce, tomato, mayo and melted provolone cheese
- Scrambled Egg Sandwich** 4.25
Scrambled egg on your choice of bread or wrap
- Scrambled Egg, Meat & Cheese** 4.95
Your choice of cheese with ham, turkey or bacon
- Scrambled Veggie Sandwich** 5.50
Sautéed vegetables with scrambled egg
add cheese .75

*Sandwiches served with whole egg on Sour Dough, Wheat, Rye, Bagel or Tortilla Wrapped Croissant add .75
Egg Whites or Egg Beaters add .65*

From the Griddle Whole Grain or Buttermilk

- Belgian Style Waffle** 6.95
- Buttermilk Pancakes** 5.95
- Short Stack** 4.50
With Fresh Sliced Banana add 1.25
With Fresh Seasonal Fruit add 2.75
Whole Grain add .75
- Tropical Sweetbread French Toast** 6.95
Served with fresh pineapple, Mac Nuts & Powdered Sugar

From the Oven

- Toasted Croissant, with fruit butter** 2.65
- Toasted Bagel**, Onion or Plain 1.95
with Cream Cheese 2.55

*Please . . . no substitutions
Thank you!
Extra plate charge \$.50*

BUILD YOUR OWN OMELETTE

Served with White or Brown Rice, Cafe Fries or Hash Browns & Buttered Toast

Sub Fruit for Starch add \$1.50

- Choice of three items** 9.50
- Mushrooms Ham Cheddar
- Bell Peppers Portuguese Sausage Monterey Jack
- Tomatoes Link Sausage Swiss
- Onions Bacon Provolone
- Olives Smoked Turkey Muenster

- Each additional item** .65
- Egg Beaters or Egg Whites** .75

Traditionals...

Served with Buttered Toast

- The Up Country Breakfast** 6.75
Two eggs any style with rice, Bacon, Ham, Smoked Turkey, Link or Portuguese Sausage
- Paniolo Style Breakfast** 7.95
Two eggs any style with Cafe Fries or Hash Browns Bacon, Ham, Smoked Turkey, Link or Portuguese Sausage
- South Shore Breakfast** 8.25
Two eggs any style with Fresh Fruit and a choice of Brown Rice, White Rice, Cafe Fries or Hash Browns
- North Shore Breakfast** 7.95
Two eggs any style with sliced tomato and Bacon, ham, Smoked Turkey, Link or Portuguese Sausage

Breakfast Favorites

*The following items served with White or Brown Rice, Hash Browns or Cafe Fries and buttered toast
Sub Fruit for Starch add \$1.50*

- Bonzo Burrito Tortilla Wrap** 9.45
Sautéed ham, peppers, mushrooms, onions, olives, and black beans scrambled with eggs, cheddar & jack, served with salsa and sour cream
- The Kahili Breakfast** 8.25
Portuguese sausage, ham, green onions, tomatoes and melted Monterey Jack cheese scrambled with 3 eggs
- Very Veggie Omelette** 9.75
We sauté marinated vegetables with mushrooms, sun-dried tomatoes, bean sprouts and crunchy sprouts wrapped around avocado and Muenster cheese
- Veggie Tofu Wrap, No eggs here!** 9.50
Grilled onions, olives, peppers, zucchini, yellow squash mushrooms, sprouts and tender tofu with cheddar cheese wrapped and topped with salsa and sour cream

House Speciality

- Bagel Benny or Veggie Benny** 8.25
Toasted 1/2 bagel with ham, turkey or grilled veggies. Topped with poached egg and hollandaise sauce or tomato salsa. Rice or Potatoes
Sub Fruit for your starch add 1.50
- Double Benny** 12.25
A double portion of our House Favorite
Sorry, we don't split this one!

Sides

- Anahola Granola** 4.45
add Fresh Fruit 5.95
- Half Papaya** 3.25
with Fresh Fruit 4.75
add Yogurt 1.95
- Fresh Fruit** 4.95
- Buttered Toast with Jelly** 1 slice .1.00 2 slice 1.95
- Rice, White or Brown** 1.95
- Cafe Fried Potatoes or Hash Browns** 2.95
- Single Egg / 2 Eggs** 1.50 / 2.25
- Side of Bacon, Ham, Turkey** 3.50
Portuguese or Link Sausage

Lunch and Beyond... Served from 11:00 AM 'til Closing

DELI SANDWICHES!!

Served with lettuce, tomato, sprouts, Dijon mustard & mayo
Sour Dough, Country Wheat, Rye,
or Tortilla Wrapped. On Croissant add .75

Honey Cured Ham	6.25
Smoked Turkey Breast	6.25
B.L.T.S. (Bacon, Lettuce, Tomato & Sprouts)	5.95
Cafe Club, with Turkey, Ham & Bacon	7.25
Veggie Sandwich, Piled high with Guacamole & plenty of veggies	6.50
Tuna Salad	5.95
Roast Beef	6.25
1/2 Sandwich, with Soup or Salad	7.95
<i>(hot sandwich add 1.00)</i>	

ANY EXTRAS?

Deli Selection of Cheese	.65
<i>Cheddar, Monterey Jack, Muenster, Provolone or Swiss</i>	
Salsa	.85
Onion	.55
Assorted bagged Chips	1.10
Fresh Avocado (when available)	1.25
Small side of potato salad	sm. 1.95 lg 3.25
Cilantro Garlic Fries	3.95

FRESH FROM THE GARDEN!

*Roasted Garlic & Basil, Balsamic Vinaigrette
Fresh Papaya Seed or Oriental Dressings*

Tuna Salad on Kalaheo Greens	9.25
<i>Crisp Kalaheo grown greens, snow peas, carrots, onions, mung sprouts, peppers, mushrooms and tomato. Topped with our Tuna Salad and sliced Cucumber.</i>	
Soup Salad and Focaccia	9.75
<i>Today's soup selection served with potato salad, tossed greens or fruit salad and our grilled house baked focaccia bread.</i>	
Bulgar Wheat and Veggie Salad	9.50
<i>Crisp Garden Greens and Fresh Veggies topped with Toasted Bulgar Wheat, Salsa, Cucumber and Guacamole and crisp tortilla strips</i>	
Herb Chicken Breast, Pasta and Island Greens	10.95
<i>Grilled and set atop our local greens tossed with roasted garlic dressing, sprouts, fresh tomato wedges and herb croutons</i>	
Greek Style Salad	10.95
<i>Crisp Kalaheo greens topped with tofu, onions, mushrooms, Kalamata olives, marinated artichoke hearts, clover sprouts and topped with Feta cheese</i>	
Island Tossed Greens	5.75
<i>Kalaheo greens, tomato, mushrooms and sprouts</i>	
Island Tossed Greens with Soup	7.95
<i>Our Kalaheo greens served with a bowl of our daily soup</i>	

Check out our Special Board

*Fresh Fish Specials when Available
Straight from our local Fishermen!*

HOT OFF THE GRILL!

*Served with lettuce, tomato, sprouts, Dijon mustard & mayo
Choice of Soup of the day, potato-pasta salad, tossed greens
or Cilantro Garlic Fries*

Freshly made Turkey Burger	9.95
<i>Topped with grilled onions & mushrooms, on our Rustic Bun</i>	
Angus Chuck Burger	9.95
<i>Sauteed Onions and melted provolone on our Rustic Bun</i>	
Grilled Vegetarian Garden Burger	9.50
<i>Topped with grilled onions & mushrooms, on our Rustic Bun</i>	
Grilled Fresh Vegetable	9.95
<i>Seasonal vegetables marinated in fresh basil and grilled quickly, set on our House baked Focaccia bread</i>	
Grilled Pesto Chicken Breast	10.95
<i>Bonless & skinless chicken breast with a Pesto marination Topped with Provolone cheese, grilled mushrooms, Pesto mayo and Balsamic drizzle</i>	
Grilled Cajun Tofu & Eggplant Wrap	9.50
<i>Roasted bell peppers in a salsa vinaigrette.</i>	
Hot Pastrami	9.25
<i>Grilled onions, mushrooms and melted Swiss cheese on toasted bread</i>	
Grilled B.B.Q... Beef or Turkey	9.25
<i>Grilled with onions, mushrooms, peppers, BBQ sauce and melted swiss cheese</i>	
Tuna Salad Melt	9.25
<i>A classic, topped with Muenster cheese</i>	
Chicken & Bulgar Salsa Wrap	10.25
<i>Grilled onions, peppers, mushrooms and olives wrapped with bulgar wheat salsa and melted Monterey Jack cheese</i>	
Grilled Country Style Reuben	9.95
<i>Grilled thin sliced pastrami topped with onions, sauerkraut, melted Swiss cheese and our own Thousand Isle dressing.</i>	
Smoked Turkey Italian Grill	10.25
<i>Sauteed onions, mushrooms and melted provolone cheese with Pesto and Guacamole.</i>	

Try Our Soup of the Day!

11 oz. Bowl 4.50

Served with buttered bread

How'bout some Dessert?

*Try a slice of our Home Made Chocolate Ganache Cake,
Apple Pie, Carrot Cake or Fruit Cheese Cake*

*Or choose one of our Pastries or
Fresh Baked Cookies!*

Keiki Menu

Turkey & Cheese Quesadilla	5.95
Grilled Cheese Sandwich	4.95
Peanut Butter & Jelly	3.75